



## **BIOL 219 - Human Physiology Course Outline**

**Approval Date:** 03/12/2020

**Effective Date:** 08/16/2021

### **SECTION A**

**Unique ID Number** CCC000263078

**Discipline(s)** Biological Sciences

**Division** Science and Engineering

**Subject Area** Biology

**Subject Code** BIOL

**Course Number** 219

**Course Title** Human Physiology

**TOP Code/SAM Code** 0410.00 - Anatomy and Physiology / E - Non-Occupational

**Rationale for adding this course to the curriculum** Changes fom previous version: 1. MATH and ENGL prerequisites have been removed. MATH 94 is no longer applicable and MATH prerequisite is met through completion of the CHEM 110 prerequisite. ENGL 90 prerequisite is no longer applicable. 2. Update textbook editions.

**Units** 5

**Cross List** N/A

**Typical Course Weeks** 18

**Total Instructional Hours**

#### **Contact Hours**

**Lecture** 54.00

**Lab** 108.00

**Activity** 0.00

**Work Experience** 0.00

**Outside of Class Hours** 108.00

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**Total Contact Hours** 162

**Total Student Hours** 270

**Open Entry/Open Exit** No

**Maximum Enrollment**

**Grading Option** Letter Grade or P/NP

**Distance Education Mode of Instruction**

### **SECTION B**

## General Education Information:

### SECTION C

#### Course Description

**Repeatability** May be repeated 0 times

**Catalog Description** An introduction to the function of the human body, emphasizing mechanisms of homeostasis and integration at the biochemical, cellular, tissue, organ, and organ system levels. Laboratory exercises include measurement and analysis of physiological data and study of structure-function relationships in body tissues and organs. Primarily intended for students pursuing an Associates Degree in Nursing, A.S. degree in Respiratory Care, or B.A./B.S. degree in a Health Sciences field.

#### Schedule Description

### SECTION D

#### Condition on Enrollment

##### 1a. Prerequisite(s)

BIOL 105 with a minimum grade of C or better or  
BIOL 120 with a minimum grade of C or better  
CHEM 110 with a minimum grade of C or better

**1b. Corequisite(s):** *None*

##### 1c. Recommended

BIOL 218

**1d. Limitation on Enrollment:** *None*

### SECTION E

#### Course Outline Information

##### 1. Student Learning Outcomes:

- A. Communicate understanding of physiological processes including mechanisms of homeostasis.
- B. Critically evaluate physiological function in normal and disease states.
- C. Perform basic physiological measurements and analyze physiological data quantitatively.

##### 2. Course Objectives: Upon completion of this course, the student will be able to:

- A. Explain the principle of homeostasis and provide examples of homeostatic control mechanisms in the body.
- B. Recognize the chemical structures of the major classes of biomolecules and describe their major roles in living cells.
- C. Relate biological structure to function at the cellular, tissue, organ, and organ system levels of organization.
- D. Explain mechanisms of cellular communication in the nervous, sensory, and endocrine systems.
- E. Describe the function and regulation of the major organ systems of the body and provide examples of integration among these systems.
- F. Compare physiological function in normal and disease states such as diabetes, cardiovascular disease, and obstructive pulmonary disease.
- G. Perform physiological measurements and apply quantitative methods to analyze physiological data.
- H.



Lab Activities --

Final Exam --

Mid Term --

Additional assessment information:

Exams include 3-4 midterm exams, 2 laboratory exams, and a cumulative final exam.

Biweekly quizzes cover lecture and lab topics.

Class participation is based on engagement in lab exercises, group learning activities and class discussions.

Homework assignments include problem-solving exercises, laboratory data analysis, and written answers to questions from the lab exercises.

Lab activities include measurement and analysis of physiological data, study of functional anatomy and histology, and case studies.

Letter Grade or P/NP

**6. Assignments:** State the general types of assignments for this course under the following categories and provide at least two specific examples for each section.

A. Reading Assignments

Textbook and laboratory manual reading assignments.

For example:

Read Chapter 2 in the textbook in preparation for IO.0437 Topic.

Publisher: McGraw-Hill

Date of Publication: 2019

Edition: 15th

Manual #1:

Author: Fox, S.I.

Title: A Laboratory Guide to Human Physiology, 13th ed.

Publisher: McGraw Hill

Date of Publication: 01-02-2013

**B. Other required materials/supplies.**