



CFS 160 - Parenting Course Outline

Approval Date: 05/10/2018

Effective Date: 08/13/2018

SECTION A

Unique ID Number CCC000280787
Discipline(s) Child Development/
Division Career Education and Workforce
Development
Subject Area Child Family Studies
Subject Code CFS
Course Number 160
Course Title Parenting
TOP Code/SAM Code 1305.00 - Child Development* / C -
Occupational

Rationale for adding this course to the
curriculum Unarchiving

Units 3

Cross List N/A

Typical Course Weeks 18

Total Instructional Hours

Contact Hours

Lecture 54.00

Lab 0.00

Activity 0.00

Work Experience 0.00

Outside of Class Hours 108.00

Total Contact Hours 54

Total Student Hours 162

Open Entry/Open Exit No

Maximum Enrollment

Grading Option Letter Grade or P/NP

Distance Education Mode of Instruction

SECTION B

General Education Information:

SECTION C

Course Description

Repeatability May be repeated 0 times

Catalog Description This course explores a wide range of parenting theories and techniques, utilizing a theoretical foundation with a practical approach. There is particular emphasis on building self-esteem, verbal and non-verbal communication, power, and control.

Schedule Description

SECTION D

Condition on Enrollment

1a. Prerequisite(s): *None*

1b. Corequisite(s): *None*

1c. Recommended: *None*

1d. Limitation on Enrollment: *None*

SECTION E

Course Outline Information

1. Student Learning Outcomes:

A. Recognize the different stages of parenting

2. Course Objectives: Upon completion of this course, the student will be able to:

A. Explain and utilize at least five different approaches to discipline

B. Apply at least 5 different approaches to build child self-esteem

C. Recognize the different stages of parenting

D. Value a variety of family styles and structures

E. Identify cultural differences in parenting

F. Formulate and test a variety of verbal and nonverbal communication styles

G.

3. Course Content

Oral Presentation -- Read a portion in the book From a Parent's Perspective and give a report.

Final Exam -- Final exam which will include essay questions on content covered in text.

Additional assessment information:

Final grade will be based on the following criteria:

1. Class participation and discussion

2. Written responses to readings

3. Journals

For example:

Students will maintain a reflective journal on the readings and class discussion. The journal may include reflections on applying the reading and discussion to the student's experience of parenting.

4. Oral presentation

5. Final exam

For example:

A short answer question on the exam may be: "Identify the stages of parenting and the characteristics of each stage."

Letter Grade or P/NP

6. Assignments:

A. EXAMPLES of typical college -level textbooks (for degree -applicable courses) or other print materials.

Book #1:

Author: Binger, Jerry
Title: Parent-Child Relations: An Introduction to Parenting
Publisher: Prentice Hall
Date of Publication: 2013
Edition: 9th

Book #2:

Author: Hart, Louise
Title: The Winning Family: Increasing Self-Esteem in Your Children and Yourself
Publisher: Mead & Co.
Date of Publication: 1993
Edition: