

## **DANS 134B - Ballet II Course Outline**

**General Education Information:**

**SECTION C**

**Course Description**

**Repeatability** May be repeated 0 times

**Catalog Description** The Level II Ballet course utilizes and builds on the technique, vocabulary, structure and historical information from the Ballet Basics course. Students will continue to accrue technique and increase their ballet vocabulary and learn level one combinations at the barre', in center floor, and in traveling combinations.

**Schedule Description**

- a. grand plie' and demi plie'
  - b. tendu', tendu' degage', frappe'
  - c. grand battement and attitude and en cloche
  - d. rond de jambe a terre and en l'air
  - e. developpe'
  - f. demi-point releve', detourne, pas de bourre'
  - g. beginning adagio at barre'
- B. Center (apply basic and beginning technique)
- a. Use of epaulement
  - b. Comprehension of directional placement in space.
- C. Techniques moving across the floor
- a. glissade
  - b. jete'
  - c. chaine increasing speed and developing "spotting" technique.
  - d. balance'
  - e. pas de bourre'
  - f. beginning pirouette

IV. Level II Ballet combinations incorporating all explored techniques, rhythmic competency and beginning level performance aesthetics.

#### 4. Methods of Instruction:

**Activity:** techniques of ballet barre and center work

**Critique:** technique or combination

**Discussion:** ballet history and origins

**Lecture:** ballet history and origins

**Observation and Demonstration:** Demonstrate all activity and observe students performance

**5. Methods of Evaluation:** Describe the general types of evaluations for this course and provide at least two, specific examples.

**Typical classroom assessment techniques**

Exams/Tests -- on dance combinations or specific technique or exercise at the barre  
Quizzes