

KINE 141D - Kickboxing with Jeet Kune Do Concepts Level 2 Teaching Assistant Course Outline

Approval Date: 04/11/2019

Effective Date: 08/16/2021

SECTION A

Unique ID Number CCC000604620

Discipline(s) Martial Arts/Self-Defense

Division Kinesiology & Athletics

Subject Area KINESIOLOGY

III. Demonstrate specific techniques.

Included, but not limited to: boxing, trapping, grappling, 5 attack methods (ABD, HIA, PIA, SAA, ABC) and various martial arts forms such as Wing Chun, Jujitsu, Hapkido, etc.

IV. Observe beginning students and help answer questions.

Observe techniques, answer questions about technique and/or martial art strategy or philosophy.

4. Methods of Instruction:

Activity: martial arts and kickboxing techniques, warm-up and conditioning.

Critique: Evaluation by instructor and observation and critique of pedagogy of instructor.

Discussion: Dialogue with instructor over observations of students, instructor and self.

B. Other required materials/supplies.