

## **KINE 287 - Baseball Team Course Outline**

**Approval Date:** 02/13/2020

**Effective Date:** 08/14/2020

### **SECTION A**

**Unique ID Number** CCC000616746

**Discipline(s)** Coaching  
Health  
Physical Education

**Division** Kinesiology & Athletics

**Subject Area** KINESIOLOGY

**Subject Code** KINE

**Course Number** 287

**Course Title** Baseball Team

**TOP Code/SAM Code** 1270.00 - Kinesiology / E - Non-Occupational

**Distance Education Mode of Instruction** On-Campus

**SECTION B**

**General Education Information:**

**SECTION C**

**Course Description**

**Repeatability** May be repeated 3 times

12. Sportsmanship, team leadership and team responsibility
13. Eligibility: rules and regulations, academic requirements, player code of conduct

**4. Methods of Instruction:**

**Lab:**

**Other:** Lecture and discussion about the fundamentals of baseball. Activity: team, group, and individual drills consisting of pitching, hitting, throwing, base running and catching.

**5. Methods of Evaluation:** Describe the general types of evaluations for this course and provide at least two, specific examples.

**Typical classroom assessment techniques**

Class Work -- completion of a fitness and conditioning program, demonstrating the skills necessary to compete at the collegiate level.

Lab Activities -- Participation in intercollegiate competition.

Letter Grade Only

**6. Assignments:** State the general types of assignments for this course under the following categories and provide at least two specific examples for each section.

A. Reading Assignments

1) Read and understand the rules and regulations to play intercollegiate sports.

2) Read how to improve your game from the Baseball For Dummies book.

B. Writing Assignments

1) Player evaluation of game and practice situations.

2) Using the Baseball For Dummies book, players will analyze their weakness and will develop a remedy.

C. Other Assignments

Students will be required to participate in conference and non