

## **KINE 291 - Soccer Team Course Outline**

**Approval Date:** 02/13/2020

**Effective Date:** 08/14/2020

### **SECTION A**

**Unique ID Number** CCC000616748

**Discipline(s)** Coaching  
Health  
Physical Education

**Division** Kinesiology & Athletics

**Subject Area** KINESIOLOGY

**Subject Code** KINE

**Course Number** 291

**Course Title** Soccer Team

**TOP Code/SAM Code**

**Distance Education Mode of Instruction** On-Campus

**SECTION B**

**General Education Information:**

**SECTION C**

**Course Description**

**Repeatability** May be repeated 3 times

**Catalog Description** This is a course designed for the competitive soccer player who will represent Napa Valley College in intercollegiate play. Repeatable for credit three times.

**Schedule Description**

**SECTION D**

**Condition on Enrollment**

**1a. Prerequisite(s):** *None*

**1b. Corequisite(s):** *None*

**1c. Recommended:** *None*

**1d. Limitation on Enrollment:** *None*

**SECTION E**

**Course Outline Information**

**1. Student Learning Outcomes:**

A. Demonstrate the skills and utilize strategies required to participate in intercollegiate soccer.

**2. Course Objectives:** Upon completion of this course, the student will be able to:

A. Demonstrate knowledge of sportsmanship

B. Analyze defensive strategies for game play

C. Analyze offensive strategies for game play

D. Evaluate individual and team performance

E. Demonstrate acquisition of skills necessary for intercollegiate play

F. Demonstrate knowledge of Commission on Athletics (COA), NCAA and FIFA rules and regulations

G. Set up a physical conditioning program for pre-season and season play

H. Demonstrate team leadership and responsibility

I.

**3. Course Content**

A. Individual 22q75.744 247.79/F1 11.04 Tf1 0 0 1 112[R]5(ep)4(ea)3(t)-3(ab)4(0.rB0 G -0.

- C. Defensive strategy techniques and field positioning
- D. Rules and regulations and sportsmanship, team leadership and responsibility
- E. Soccer training and physical conditioning programs
- F. Match analysis

**4. Methods of Instruction:**

**Lab:** Students will be required to demonstrate good sportsmanship, individual and team responsibility. Students will be required to demonstrate skill acquisition for competitive play. Students will be required to analyze team and individual performance.

**Other:** Activity: Students will participate in and compete in intercollegiate soccer. Group

Drills: Students will do drills to enhance their tactical understanding of soccer. Individual

Technique Drills: Students will do drills to enhance their personal soccer skills. Team Work:

Edition: Revised

**B. Other required materials/supplies.**

The primary resource material for students are handouts prepared by the coach  
Other reference materials  
Current NCAA Manual  
National Collegiate Athletic Association  
Current FIFA Rule Book