



## SECTION B

**General Education Information:**

## SECTION C

### **Course Description**

**Repeatability** May be repeated 0 times

**Catalog Description** The beginning in a series of courses that sets the framework for understanding and practicing the art and science of nursing which includes the nursing process, critical thinking, patient centered care, legal and ethical standards, professionalism, effective professional communication, teamwork and collaboration, evidence based practice/informatics, and the reduction of risk potential. Also included is review of basic nursing skills from the nursing prospective initially learned as a CNA, in addition to more advanced nursing skills that will be used in practice throughout the program.

**Schedule Description** This is the first course in the series of courses leading to an Associate Degree in Nursing.

## SECTION D

**Condition on Enrollment**

- E. Practice patient centered care in a safe manner.
- F. Identify the attitudes and values of a professional nurse.
- G.

### **3. Course Content**

- A. Program Threads introduced in this course are: nursing process, patient centered care, communication, professionalism, quality improvement, infection control, safety, reduction of risk potential, safe medication administration, team work and collaboration, informatics, basic care & comfort, and caring.
- B. Nursing Process
  - Critical thinking
  - Evidence-based practice
  - Concept of caring
  - Patient-centered care
  - Teamwork & collaboration
  - Quality improvement
  - Plan of care
  - Nursing diagnosis
- C. Professional Standards in Nursing
  - Ethics, values
  - ANA
  - Professionalism
  - Legal implications
  - Client abuse
  - Patient rights
  - Patient advocacy
  - Board of Registered Nursing, scope of practice
  - Documentation, EHR, SBAR
- D. Foundations for Nursing Practice
  - Patient safety/ risk reduction (transfers, fall prevention)
  - Infection prevention/ control (sterile technique, gloving, isolation, foley catheter insertion, dressing changes)
  - Cultural considerations (communication, nutritional preferences, death and dying, pain response, decision making, medication acceptance).
  - Patient education (health promotion/prevention, procedural, patient rights, safety measures)
  - Basic care and comfort (personal hygiene, pain control, stress & coping)
- E. Health Care Environment
  - Delivery systems
  - Health Care Team/ collaborative practice
  - Community
- F. Health Assessment/ Physical Exam
  - Body system
  - Evaluative tools available for use
  - Normal versus abnormal findings

### **4. Methods of Instruction:**

**Activity:**  
**Directed Study:**

**B. Other required materials/supplies.**